

Pneemah

והו	ילוי	סיט	עלב	מהש	ללה	אכא	כהת
הזי	אלד	לאו	ההע	יזל	מבה	הרי	הקם
לאו	כלי	ליו	פהל	זלך	ייו	מלה	וזהו
נתה	האא	ירת	שאה	ריי	אוב	לכב	ושר
יוזו	להוז	כוק	מונד	אני	וועם	רהע	יז
ההה	מיכ	וול	ילה	סאל	ערי	עשיל	מיה
והו	דני	הוזש	עבום	זנא	זית	מבה	פוי
זמם	ייל	הרוז	מיצר	ומב	יהה	ענו	מוזי
דמב	מונק	אייע	וזבו	ראה	יבמו	היי	מום

is a Hebrew word that speaks of the inner essence at the core of the phenomenal world. Pneemah is a cousin to the Greek word for breath or animating spirit. It is also an ancient/new network of souls and lightworkers devoted to Planetary Healing at pivotal astrological and galactic moments that initiate magnetic field fluctuations affecting the Earth's grid. Pneemah is a network of researchers and kabbalistic healers who have chosen to participate in a radiatory healing experiment to broadcast positive vibrations at times of change and crisis to the Earth's energy field. Welcome to the website for the:

Planetary Network for Earth Energy Medicine & Angelic Healing

The first broadcast in 2010 is scheduled to occur on JAN. 14TH. Kindly send an e-mail to joseph-mark@treeoflifeschool.com

if would like to participate in this broadcast or others that will follow on a monthly basis. One of the key radiatory frequencies that members of Pneemah will be utilizing is the Shem72 Hebrew letter triplets that are often referred to as the 72 Names of God. Each of these 3 letter Hebrew sequences hold a harmonic vowel grid that with clear kavannah (spiritual intent) can become a powerful ally in personal and planetary radiatory healing broadcasts. You can learn more about the Shem72 by clicking the following link: [Shem72: Divine Names for Opening the Petals of Tipheret](#)

The seeds for P'neemah were planted in 1987 at the time of Harmonic Convergence when 52 different crystal guardians offered ceremonials with herkimer diamond seed crystals at various sacred sites and nodes along the earthgrid. It is time now for us to listen to kol haAdamah, the voice of the EarthSpirit as we engage in a council of creatures and co-creators. P'neemah is putting out an invitation to scientists & mystics, lightworkers & ceremonialists, to all those who love the Earth, to participate in meditations for the benefit of all beings.

The Kabbalistic Astrology Newsletter: Pneemah Astrological Portals 2010

All time portals are for Pacific Standard Time (PDT once daylight saving time begins). Be sure to make the necessary corrections for your time zone...You may find a more detailed explication for each of these Portals in Kan Newsletters/Zodiac Oracles.

Pneemah participants may occasionally receive an e-mail or mp3 intro for meditations that take place on major Planetary Healing days... For an in-depth understanding & mythic key to astrological degree symbolism, a copy of [Aleph2160: A Zodiac Oracle](#) will prove invaluable....

May these portals become a positive & transformative source of vibrational energy for you and your tribe....

Jan. 14: 11:11 pm-11:22pm- New Moon Solar Eclipse at 25 degrees of Capricorn. This solar eclipse is in resonance with a crystalline light that legend suggests was used for illumination on Noah's Ark. Visualize a magenta to violet ray of light & call in the 5 Angels of *Argaman*: Uriel, Raphael, Gavriel, Mikael, Nuriel. Then spin & broadcast this light to the 4 directions & to the Earthgrid beneath your feet. The heart petal to enchant is *raysh-hay-ayin* (#39).

Jan.17: 10:10-10:20pm Moon conjunct Jupiter as Jupiter enters Pisces. This is a *Yesod-Hhessed* alignment that opens the subconscious mind to an influx of pure compassion. This can be broadcast telepathically to wherever you divine that it is most useful. The heart petal to open is *phay-hay-lamed*. Have a heart to heart chat with the *elohim* !

Jan.29: 10:10-10:20 pm Full Moon at 11 degrees Leo conjunct Mars. This meditation has to do with the balancing of the masculine & feminine vibrations within the Self, conscious & subconscious realms, purification of the desires of the heart. The heart petal to enchant is *hay-hay-hay*. Clear the inner temple to receive & broadcast divine love...

Feb. 10: 1:00-1:11 am Mercury enters Aquarius. There is a planetary Yod today with Jupiter in Pisces quincunx both Mars in Leo & Saturn in Libra. Discern how to let go of attachments, relationship dynamics, egoic agendas. Broadcast a ray of re-conciliation to all personal & planetary conflict zones! The heart petal to broadcast is *mem-bayt-hay*.

Feb. 14: 8:22-8:33pm: New Moon conjunct Neptune at 26 degrees Aquarius with Moon conjunct Jupiter. Meditate on the visionary guidance of Spirit & dissolve egoic heart delusions & addictions! Know that this is also the beginning of the *Year of the Tiger*. *Be bold, daring & courageous this year!* If you should attune to an angel or an ET, be sure to inquire as to the name of the being you are dealing with! The heart petal is *ayin-mem-mem*. to blend pure passion with compassion...

Feb. 16 6-7pm Venus conjunct Jupiter at 7 degrees of Pisces. This could lead to an exquisite musical meditation or a gathering of magical artistry. The moon is both conjunct Uranus & opposing Saturn today. Let go of all past memories & future projections to live fully in the moment. The heart petal is *nun-nun-hay*. Balance the *nephesh*-belly with the *neshamah* soul memory *sphira*.

Feb. 28th is what could be called *Quantum Leap Day!* Sun conjuncts Jupiter today at 2:44 am. This is the Pisces/Virgo Purim full moon, the carnival time when one is asked to transcend all polarities & value judgements & enjoy the theatre of it All. So see if you can let go of personal drama & enjoy the theatre of duality from a place of Unity Consciousness & playful Paradox... The heart petal to broadcast is *lamed-lamed-hay*. It offers healing in the dream state, a taste of *ho'oponopono*...

March 17th: Sun conjuncts Uranus at 27 degrees of Pisces. As it is also St. Patrick's day in Ireland, we had best be prepared to mischief, poetic inspiration, intoxication & sudden u-turns all day long! There is a portal opening in the right *hohmah* hemisphere of the brain, a chance for a core revisioning & a true Quantum Leap... The chant is *mem-nun-dalet*. The task is to transform all fear patterns & clear the runway for an upcoming flight.

March 20: Sunrise at the Spring Equinox is a potent time to seed new dreams on the earth plane. If you happen to be visiting Chichen Itza in the Yucatan, you could enjoy the descent of the serpent of Light. If not, you could do some special breathing practices & enjoy the kundalini serpent as it climbs up the spheres of your tree-of-life, enlivening your nervous system. Now try the heart petal triplet: *nun-nun-aleph, ayin-mem-mem, mem-nun-dalet*.

April 5: 4:40-4:50 am Moon conjuncts Pluto. This is a rather sobering meditation as Mars in Leo is quincunx this Moon/Pluto conjunction. It seems there is some kind of adjustment happening today in the world of planetary economics, a currency correction, a devaluation of that which has been over-valued, a debt collector at the door... So what to do? Attune to the so-called lords of karma & ask that whatever needs to be cleared, be cleared for a new beginning. Let death of the old become the birth of the New... The heart petal here is *hay-raysh-hhet*.

April 22: Sunrise to Sunset. It is Earth Day all day today, a time for ecological, environmental & renewable energy initiatives. At midnight Venus will begin to approach its yearly conjunction with the Pleiades. So the meditation involves inviting in assistance from beings who love us & would be delighted to assist us in bring Earth back to the Garden of Eden state... Chant *vav-sheen-raysh* to re-align the Earth Spirit & send a broadcast of Light to the whole Earth Grid.

May 19: 6:00-6:20pm. Venus is at 0 degrees of Cancer with the Sun just about to enter Gemini & conjunct the Pleiades. This is the Hebrew holiday of *Shavuot*. A time to for vision quest, a starwalk, an opening of the heart to a new infusion & path to follow from Spirit guidance. A merkavah meditation would be appropriate later tonight.

May 27: 4:00pm-4:14pm The full moon at 7 degrees of Sagittarius is a joyful celebration in the spirit of goodwill. The meditation here is a linking up with lightworkers in distant lands. Feel the soul connections that bridge time & space. The heart petal to chant is *aleph-vav-mem*. Re-connect with your soul tribe & send healing energies to tribes that have been feuding with one another!

June 6: 6-6:20 pm Jupiter & Uranus are conjunct today at 0 degrees of Aries. On the Tree-of-Life this suggests an infusion of the love: wisdom vibration on the Earth, a Solar Heart Initiation for those who are ready for it. Wisdom keepers will be gathering & preparing to release secrets that have been preserved for this time. The planet Mars is in a quincunx relationship to Jupiter/Uranus today. A time capsule is being opened & what is released may startle or shock those who have been asleep for too long! The heart petal is *raysh-hay-ayin*. There is a potent Earth broadcast coming in from deep space today. Be still, hold a crystal or mineral to your thymus & you will feel it!

June 21: All day! The Sun enters Cancer & squares Uranus/Jupiter today. It is a day of both celebration & surprise. There may even be the beginning of some startling Earth Changes on the Planet. There will be positive vibrations coming in via the ley lines at sacred sites in Britain at Alton Barnes, Silbury Hill & Avebury. (If you would like to join the June 15-28th Crop Circle Journey to Mystical Britain, then send an e mail to joseph-mark@treeoflifeshool.com & we will send you an invitation!)

Wherever you may be today, attune to the earthgrid & do a starwatch into the night! The heart petal to chant is *ka-la-yo...*

July 5: 9:40-9:50 am The Sun is conjunct Uranus, just as Uranus turns retrograde. This is the planet that serves as a portal to the Galactic Center, one that is a link to Metatron as well. The meditation today is a connection to our neighbouring star Sirius & perhaps Sirius B. The attunement is to the message of the whales (planetary record-keepers) & the dolphins. So it is time for us to explore sound vibrations & learn an ancient/new language!

July 31 1:00-1:11 am Mars conjuncts Saturn in the first degree of Libra, in opposition to the ongoing Jupiter Uranus conjunction in early Aries. This is potent! Especially considering that there is a T square coming from Pluto in

Capricorn as well. Astrologers are considering this configuration to be the most dramatic of the whole *Year of the Tiger!* As William Blake put it: "*What immortal hand or eye, dare frame thy fearful symmetry?*" Well he also suggested that "*the Eye, altering, alters All...*" So be prepared for a sudden shift of Perception today! (*ray-hay-aye* is the heart petal once again)

Aug. 3: 9:20-9:30pm Mars in Libra is exactly opposite Jupiter in Aries today exactly square Pluto in Capricorn. Uranos & Saturn are still in their tug of war in close proximity. One could say that the wheel of destiny is turning everything upside down & inside out with the Sun in the heart of Leo! Ride that Tyger! Surf that Tsunami! Be at peace in the Eye of the Tornado!

Sept. 8: 9:50-10pm The Jewish New Year, Rosh HaShanah 5771 begins this evening just as Jupiter retrogrades back into Pisces. So there is a respite, a time to reflect on the turbulence & transformations that have been ongoing this year. The Virgo New Moon inaugurates a time of harvest. The harvest of the heart....

Sept. 22: 10-11pm Moon conjuncts Jupiter & Uranus on the evening of the Autumn Equinox. The harvest full moon is a time to gather in communion & gratitude & to call in our connection with the Ancestors. As darkness & light come to balance this day, the meditation is on balance & peace in body, heart & mind. The heart petal to chant : *hay-hay-hay*.

Sept.25: 5-5:25 pm Exact Sun square to Pluto at this time. A time to gaze through the Veil & experience true multi-dimensional perception. The heart petal for this meditation is *sheen-aleph-hay*.

Oct. 17: 11:40-11:50 am Moon conjunct Neptune on a day when the Sun is aligned with Arcturus. A day to meditate with sacred geometry & contemplate the summer Crop Circle season...

Nov. 21: 9-9:30 am Full Moon in Taurus conjunct the Pleiades with Sun conjunct our star neighbour Alpha Centauri. Rumour has it we have friends on both of these star systems. Perhaps there will be an opportunity to entertain guests today!

Dec. 5: 5-6pm Mars is transiting the degree of the Galactic Centre as the new moon in Sagittarius sends us en route to the potent Winter Solstice (in the Northern Hemisphere) Uranus appears to go direct today as well. This begins a re-integration phase of a transformational process that has been, as they say, mind-boggling. Mercury conjunct Pluto offers a portal through the Void or Wormhole of Daat. Speak your truth with Spirit...

Dec. 13: 8-9pm This is a day to acknowledge what is truthful & to master energy with the Mars/Pluto conjunction. The mind & the heart may be travelling in different directions. Best to be in witness consciousness. There are secrets hiding with the Self that may be revealed....

Dec. 21: All day... Winter Solstice (Northern Hemisphere) Full Moon Eclipse. A time to crawl into the heart cave & await the birth of the inner light! The heart petal meditation is *ayin-nun-vav*, appreciation for the gifts of the Spirit in a time of incredible change & apparent danger with blessings for the year to come ...

For updates & to be on the Pneemah mailing list contact josephmarkcohen@gmail.com

To apply for membership in *P'neemah*, kindly send an e mail to joseph-mark@treeoflifeshool.com that includes your full name, date, time & place of birth, telephone number and best time to reach you. We will get back to you as soon as possible to inform you of upcoming meditations & broadcasts. You will have occasional access to an mp3 file with an introduction to the significance of the Portal and a harmonic chanting of the letter meditation for the broadcast. Your enthusiasm and dedication to this project is deeply appreciated.